
Term 2, Week 6 Newsletter

St Matthew's School

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What's happening?

Welcome back!!! It has been pleasing to see many of students (and staff) return after COVID rapidly swept through St Matthew's School this term. From all accounts, our students and their families only experiences minor symptoms and have returned healthy and eager to reengage in their learning.

Our focus at school now refocuses into teaching and learning as we move into the second half of this term. While your child may experience some unsettledness, anxiety, or apprehension returning to school after time away, and this is to be expected, it's important they return to the routine and stability that schools provide. This environment allows students to thrive academically, socially, and emotionally

Maggie Dent writes extensively about building resilience in children: "Resilience refers to the ability to successfully manage life and adapt to change and stressful events in healthy and constructive ways. It is the capacity to bounce back from positive and negative life experiences. To develop emotional and psychological buoyancy in childhood gives our kids better prospect of being able to thrive as adults".

Maggie's 10 resilience Building Blocks are:

1. Positive healthy pregnancy
 2. Good nutrition
 3. Safe nurturing care within the circle of family
 4. Plenty of play
 5. Build life skills
 6. Meaningful involvement with positive adults
 7. Clear boundaries
 8. Absence of stress
 9. Self-Mastery
-



Upcoming Events

Week 6

National Reconciliation Week

Thursday 2nd June

AFL Clinic

Friday 2nd June

Pupil Free Day

Monday 6th June

WA Day – Public Holiday

Tuesday 7th of June

Pupil Free Day

Thursday 9th of June

Year 5/6 Class Mass

Artist of the Week



10. Strengthen the spirit

Cross Country

Last Friday, selected students in Years 4, 5, and 6 represented St Matthew's School in the inter-school Cross Country event at Thomas Hogg Oval. This year, the event attracted more than 13 schools from across the wheatbelt and over 150 competitors in what proved to be a strong showing. The weather was spectacular as the runners made their way over the 2.3km course around the bushland of Thomas Hogg Oval. Congratulations to our place winners:

- Matthew George – 1st - Year 5 Boys
- Evan Hardie – 2nd - Year 5 Boys
- Jenaveve Page – 4th - Year 5 Girls

A special thank you to Mrs Kilpatrick for coordinating the day, to all the parent helpers, and to all our St Matt's runners

Upcoming Pupil Free Days

A reminder to all families that this Friday 3rd of June, Monday 6th of June, and Thursday 7th of June are Pupil Free Days for St Matthew's School students. We welcome back students on Wednesday 8th of June.

National Sorry Day

Last week, to begin National Reconciliation Week, St Matthew's School conducted a Prayer Service to acknowledge National Sorry Day. This day is marked across Australia and remembers the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities.

Our Pre-Primary class led the school with their 'Welcome to Country' before Year 6 Leaders Courtney, Isla, and Ifeoma led the school in prayer. Students then designed and created a wreath in class, which was presented to the student body at the end of the day.

These wreaths are on display in the Sr Isabel Hall, and students will participate in a number of activities over the coming to week centred around reconciliation, healing, and the unity of Indigenous and non-Indigenous Australians.

From SeeSaw

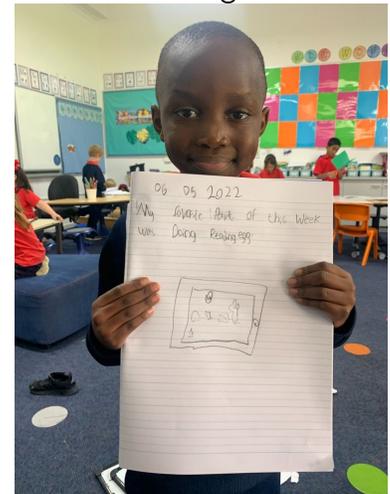
Sara (Year 3) trying her hand at golf



Year 5 Art with Thomas



Braemer (Year 1) with his brilliant writing



School App

Please ensure you have downloaded the school app called 'Connected'. It contains the live calendar of events and can also provide vital updates as to COVID rules. You can also:

- Submit online absences
- Receive class-specific notices
- View newsletters
- Access Narrogin Canteen Menu



Sacraments 2022

Please note the following Sacramental Dates for this year:

Commitment Mass for all Sacraments	Sunday 22nd of May - 9:30am
Confirmation Parent/Child Workshop	Sunday 22nd of May - 11:00am
Sacrament of Confirmation	Sunday 19th of June - 9:30am
Sacrament of Holy Communion	Sunday 18th of September - 9:30am
Holy Communion Parent/Child Workshop	TBC
Reconciliation Parent/Child Workshop	TBC
Sacrament of Reconciliation	Wednesday 9th of November - 6pm

Once again, thank you for your support of St Matthew's School.

God bless,

Mark Tenney
Acting Principal



Community News

I KNOW WHAT I'D RATHER BE DOING

DON'T DRINK & DRIVE SPORTING ROUND

9TH - 11TH JUNE 2022

SATURDAY 11th June
10am - 4pm
ACTIVITIES

RAC Rescue Experience
Take to the sky with virtual reality

Using virtual reality technology. The four minute, 360 degree experience takes you on a mission on board one of the RAC Rescue helicopters

THURSDAY 9th June
4.30 - 6.30 pm
John Higgins Centre

PREVENT
Alcohol and Risk-Related Trauma in Youth
Perth

Delivered by a RPH Trauma Nurse, this program explores the risks, choices and consequences associated with alcohol, drugs & risky behaviours in youth.

REGISTRATION LINK

FREE session, refreshments provided

SKIPPERS PROGRAM
FREE food & non-alcoholic beverages for registered 'Skippers'

PRIZE DRAWS!!

QUIZZES, RAFFLES, COLOURING COMPETITIONS

THIS PROJECT IS A PARTNERSHIP BETWEEN

10 Resilience Building Blocks for children aged 0 - 12 years

- 10  Strengthen the spirit
- 8  Absence of stress
- 9  Self mastery
- 5  Build life skills
- 6  Meaningful involvement with positive adults
- 7  Clear boundaries
- 1  Positive healthy pregnancy
- 2  Good nutrition
- 3  Safe nurturing care within the circle of family
- 4  Plenty of play